



Newsletter

June 2024

Hi %%FIRST_NAME%%,

The summer is approaching: find out what's happening and [contact us](#) with any questions you may have about living in the Netherlands and Utrecht region.

Kind regards,

The International Welcome Centre team

Meet fellow internationals

Enjoy some summer drinks at Utrecht's city beach SOIA and meet some fellow internationals! It is the perfect opportunity to make new friends. **When:** Wednesday June 5th from 6 until 9 p.m. **Where:** [SOIA - Strand Oog In Al](#). We hope to see you there. This event is free of charge - click the link below to find more info and register.

> [More info and register](#)



Parenthood in the Netherlands

What is it like to be a parent in a new environment? Meet, connect and reflect with other international parents at the dialogue series by Parenting across Borders. The free six-session series focusses on childbirth in the Netherlands and the journey into parenthood for pregnant women, mothers, and fathers. You'll receive plenty of information and make valuable connections.

> [More info](#)

Practical tips about education and well-being

The new issue of the ACCESS magazine is here with advice and smart tips to help you thrive in your new home. It guides you through finding a school for your children, understanding the Dutch medical system, and being attentive to well-being. Read the magazine online or collect your free copy at [our helpdesk](#). And while you're there: don't hesitate to ask us for any info you'd like about living in the Utrecht region.

> [Read the magazine online](#)



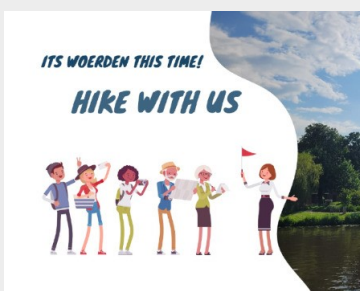
Upcoming events



5 Jun Internationals Get-Together

Are you new in the Netherlands or around for a little while and looking to meet new people? Meet fellow expats at our free network event! This edition will take place at city beach SOIA in Utrecht.

[More info and register](#)



8 Jun Hiking in Woerden

Join the UR-Glocal ambassadors for a scenic 8km hike through Woerden and its surroundings, and explore this enchanting fortress town and its beautiful countryside filled with history, charm, and natural beauty.

[More info](#)



14 Jul Cooking workshop

The UR-Glocal cooking workshop is back, this time we are making gyoza! On July 14th from 2 to 5 p.m. at Buurtcentrum Rosa. More information will follow soon: keep an eye out on the UR-Glocal Facebook page to stay up to date.

[Visit Facebook page](#)

Was this newsletter useful to you?

We would love to hear your thoughts. It would be great if you could spare one minute of your time to give us some feedback.

[Give feedback](#)

